

# MOMENTS IN FLOW

VOLUME 01 | Q3 2026

## *THE JOURNEY*

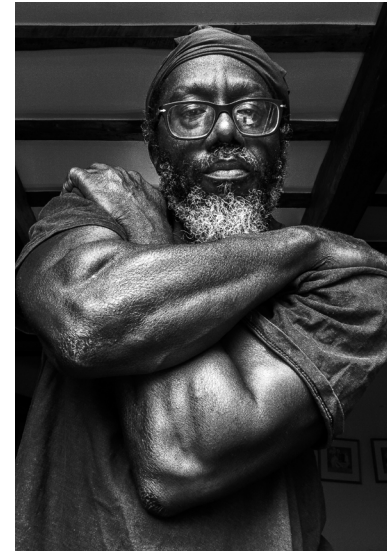
MISTA SKEE

MOVEMENT ARTIST | VISUAL DESIGNER | LONGEVITY PRACTITIONER

MEDIA PACK & PARTNERSHIP LOOKBOOK



## BEHIND THE FLOW:



## MISTA SKEE

Movement Artist | Visual Designer | Longevity Practitioner



*Moments in Flow is the intersection of two lifelong disciplines: premium visual design and unconditional movement mastery.*

With over 44 years of unbroken training consistency, my philosophy is built entirely on physical longevity, joint safety, and rotational multi-tool expression. I treat movement as a language—using the steel mace, heavy clubbell, and flow rope to challenge structural strength and maintain an injury-free, high-performance body decade after decade.

As a professional graphic designer and solo content creator, I treat the camera lens with the same

precision as the mace. Every campaign on my channel is independently produced, filmed, and art-directed, showcasing how premium technology and functional discipline enable total creative freedom.

I don't chase fleeting fitness aesthetics. I build deep consumer conviction, showing a mature, global audience how to move with intention, precision, and artistry for a lifetime ■

# THE MOMENTS IN FLOW ECOSYSTEM

## TRAILING 30-DAY PERFORMANCE & PARTNERSHIP PROPOSAL

### Audience Architecture

We do not compile empty impressions, low-retention views, or superficial viral interactions. The @mista\_kee ecosystem is a highly curated, visually cohesive lookbook dedicated to premium movement artistry, heavy implement mechanics, and lifelong physical longevity.

Our space is built strictly for intentional consumers, mature practitioners, and high-level movement coaches.

### Global Reach Matrix (Past 30 Days)

**Total Video Impressions:**

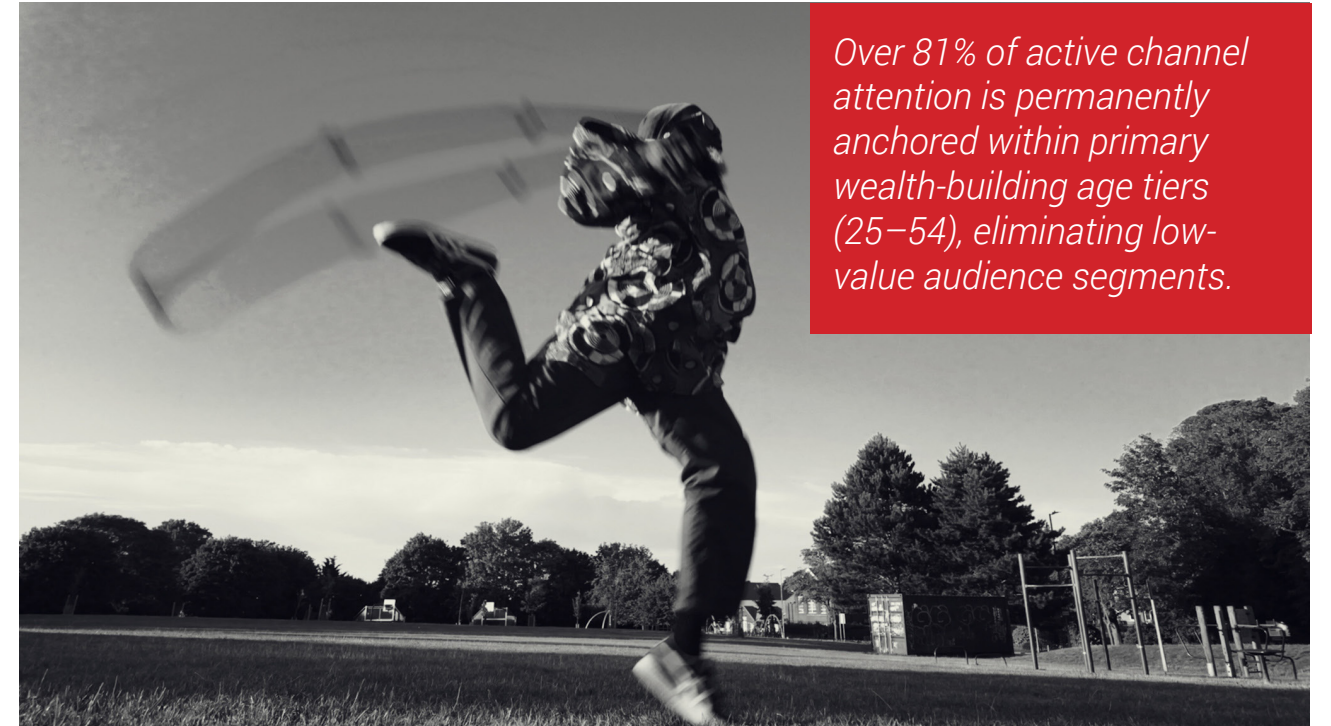
**11.1K+ Reel Views**

**Unique Account Reach:**

**4.7K+ Independent Practitioners**

**Audience Community Growth:**

**+53 Net New Followers (Organic)**



Over 81% of active channel attention is permanently anchored within primary wealth-building age tiers (25–54), eliminating low-value audience segments.

### Tier-1 Commercial Demographics

Our distribution engine bypasses fleeting youth demographics to target high-purchasing-power consumer segments invested in premium hardware, recovery tech, and content creation tools.

Demographics	% of Viewership Base	Geographic Anchor Regions
Ages 25–34 (Professionals)	31.3%	United Kingdom / London Hub
Ages 35–44 (Peak Income Core)	30.0%	United States / New York Hub
Ages 45–54 (Longevity Tier)	19.9%	Western European Markets

## THE ATTENTION MULTIPLIER:

### **2.6x Average Loop Rate Per Account**

*Bypassing standard 24-hour algorithmic decay. Our trailing 30-day performance dashboard verifies that every unique practitioner entering the @mista\_skee node loops our high-production video assets an average of 2.6 times. Your product receives compounding, repeated exposure within a single session.*



# THE BRAND **VALUE** PROPOSITION

## 1. High-Friction Peer Authority

Our comment feed acts as an active, deep-intent community forum. We do not generate single-emoji spam. Our viewers engage in technical dialogues regarding rotational physics, physical preservation, and progressive training variables. When a brand integrates into this space, it gains immediate endorsement from an authoritative peer.



## 2. Triple-Threat Campaign Affinity

Across our trailing 30-day lifecycle mapping sequential video drops, our creative assets routinely outperform historical platform baselines. Our content retains an institutional engagement footprint that ensures your products receive sustained visual traction rather than standard 24-hour algorithmic decay.

High Community Trust: Native Like-to-View ratios tracking at double to triple standard platform performance metrics.

Active Brand Advocacy: Elevated Repost and Share frequencies, proving our audience treats our visual compositions as educational reference resources.

***Our unique consumption metrics prove that on average, every single human node entering the ecosystem returns to watch our movement assets multiple times to study technical execution.***

# CAMPAIGN PACKAGES & COOPERATIVE LOGISTICS

## Creative Asset Deliverables & Partnership Tiers

Our collaboration tiers are structured to deliver premium visual equity and high-retention audience penetration. Every campaign integration is independently storyboarded, wart-directed, and styled to align your product with absolute physical mastery and cinema-grade solo aesthetics.

Package Tier	Campaign Deliverables	Strategic Brand Value
<b>01. EDITORIAL FEATURE</b>	<ul style="list-style-type: none"> <li>• 1x Premium Cinematic Reel</li> <li>• 2x Sequential Story Frames</li> <li>• Direct Link Funnel Integration</li> </ul>	<b>Targeted Exposure:</b> Ideal for specific product launches or software introductions looking to tap directly into our active US/UK practitioner pool.
<b>02. CAMPAIGN FLOW</b>	<ul style="list-style-type: none"> <li>• 2x Cinematic Reels (Grid Drops)</li> <li>• 4x Interactive Story Funnels</li> <li>• Shared Comment Moderation</li> </ul>	<b>Deep Narrative Alignment:</b> Maps your product across sequential training cycles utilizing our deep audience loop velocity to build compounding familiarity.
<b>03. STUDIO PARTNERSHIP</b>	<ul style="list-style-type: none"> <li>• 3x Multi-Environment Reels</li> <li>• Dedicated Highlight Category</li> <li>• Full Commercial Digital Usage Rights</li> </ul>	<b>The Flagship Asset Multiplier:</b> Designed for premium hardware/apparel. Provides high-production cinematic content for use on your own brand advertising channels.



**Tier 03** agreements grant full digital commercial usage rights, delivering ready-to-run, premium creative assets directly to your brand's internal paid-media acquisition team.

## Cooperative Production Parameters

To preserve the aesthetic continuity of the Moments in Flow ecosystem, all integrations adhere to strict commercial production guidelines:

**Aesthetic Integrity:** Products are integrated organically into real-world, high-contrast training environments. No traditional "talking-head" infomercial formats.

**Turnaround Velocity:** Standard proofing assets are delivered within **7 to 14 business days** from physical equipment receipt.

**Exclusivity Window:** **Tier 02** and **Tier 03** partnerships include a mandatory **14-day** category exclusivity cushion post-launch.



**LET'S ALIGN.**

**COOPERATIVE PRODUCTION**

**CAMPAIGN INTEGRATIONS**

**ASSET MANAGEMENT**

[WWW.MISTASKEE.COM](http://WWW.MISTASKEE.COM)

**CREATIVE STUDIO: [WWW.GRAFIKI.STUDIO](http://WWW.GRAFIKI.STUDIO)**

**@ MISTA\_SKEE**

**[mista.skee@grafiki.studio](mailto:mista.skee@grafiki.studio)**

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